

M. Hunter Stanfield, Ph.D., LMFT, CFLE, M.S., M.D.R., M.A.

Department of Psychology, Counseling, and Family Science
College of Liberal Arts and Sciences || Lipscomb University
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EDUCATION

Kansas State University, Ph.D., 2016-2019

Human Ecology, emphasis in Couple and Family Therapy, College of Human Ecology

Major Professor: Dr. Joyce Baptist

Dissertation: *Examining men's disclosures, influences, and motivations for seeking therapy*

Vanderbilt University Divinity School, M.T.S., 2025-Present

Master of Theological Studies

University of Alabama, M.S., 2014-2016

Human Development and Family Studies, emphasis in Marriage and Family Therapy,

College of Human Environmental Sciences

Pepperdine University School of Law, M.D.R., 2011-2013

Dispute Resolution, Straus Institute for Dispute Resolution

Pepperdine University, M.A., 2010-2012

Psychology, Graduate School of Education and Psychology

Pepperdine University, B.S., 2005-2009

Business Administration, Seaver College

Auburn University, 2004-2005

Pre-Actuarial Science, College of Sciences and Mathematics

EMPLOYMENT

2022-Present **Assistant Professor of Marriage and Family Therapy**, Lipscomb University, Nashville, Tennessee

2019-2022 **Assistant Professor and Lead Faculty of Family Science**, Lipscomb University, Nashville, Tennessee

2020-2023 **Therapist and Clinical Supervisor**, The Briggs Institute, Inc., Nashville, Tennessee

Summer 2019 **Men's Staff & Department Head of Kayaking**, Camp Greystone, Zirconia, North Carolina

2017-2018 **Organizational Consultant**, Manhattan, Kansas

Summer 2016/2017 **Men's Staff & Department Head of Hiking**, Camp Greystone, Zirconia, North Carolina

2015 **Janitor**, University Church of Christ, Tuscaloosa, AL

2014-2015 **Mental Health Worker I**, Brewer-Porch Children's Center, University of Alabama, Tuscaloosa, Alabama

2012-2014 **Associate Director of Student Activities**, Student Affairs, Seaver College, Pepperdine University, Malibu, California

2009-2012 **Admission Counselor**, Seaver College, Pepperdine University, Malibu, California

Summer 2009 **Administrative Coordinator**, Office of Corporations, Foundations, and Sponsored Programs, Pepperdine University, Malibu, California

LICENSES AND CERTIFICATIONS

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|--------------|---|
| 2022-Present | Licensed Marital and Family Therapist, #1678, Tennessee |
| 2021-Present | Recovery Ally, Tennessee Collegiate Recovery, Lipscomb University |
| 2020-2022 | Temporary Licensed Marital and Family Therapist, #1678, Tennessee |
| 2021-Present | Certified Family Life Educator, Full Status, National Council on Family Relations |
| 2019-Present | AAMFT Approved Supervisor, American Association of Marriage and Family Therapy |
| 2019-2021 | Certified Family Life Educator-Provisional, National Council on Family Relations |
| 2017-2019 | Licensed Marriage and Family Therapist, #2872, Kansas |
| 2017-2018 | State Approved Mediator, Supreme Court of Kansas |
| 2016-2019 | Wilderness First Responder, Wilderness Medical Associates |
| 2013-2015 | Certified Mediator, #2781, Juvenile and Domestic Relations Court of Virginia |

AWARDS AND RECOGNITIONS

- Outstanding University Teaching Award***, 2022-2023. Lipscomb University, Nashville, Tennessee
- Relational Ethics Fellow***, 2022-2023. The Doherty Foundation for Social and Civic Well-Being
- Dean's Award***, College of Liberal Arts and Sciences, Lipscomb University, Nashville, Tennessee. 2020-2021
- Outstanding Engagement/Outreach Award***, 2018-2019. Couple and Family Therapy, School of Family Studies and Human Services, Kansas State University, Manhattan, Kansas
- Student Best Poster Award***, Fall 2018. Winner, Family Therapy Section, National Council on Family Relations annual conference, San Diego, California. [Stanfield, M.H. & Morgan, P. [There may be a problem, but I'm not going because...': Examining classes of men and their rationales for not seeking mental health treatment]
- Student/New Professional Best Paper Award***, Fall 2018. Runner-up, Issues in Aging Focus Group, National Council on Family Relations annual conference, San Diego, California. [Stanfield, M.H., Bates, J.S., & Taylor, A.T. Variations in grandfathering: Characteristics of involved, passive, and disengaged grandfathers]
- Timothy R. Donoghue Graduate Scholarship***, 2016-2018. Kansas State University Graduate School

PUBLICATIONS

Peer-reviewed manuscripts accepted or in press

- Astle, S., McAllister, P., Stanfield, M. H., Yelland, E., Gimarc, C. (2022). Assessing public opinions of sexual advance directives among older adults with dementia. *Journal of Applied Gerontology*, 41(11), 2272-2281.
<https://doi.org/10.1177%2F07334648221114632>
- Morgan, P. C., Stanfield, M. H., & Durtschi, J. (2021). "There may be a problem, but I'm not going because...": Examining classes of men and their rationales for not seeking mental health treatment. *Journal of Mental Health*, (3)2, 180-187.
<https://doi.org/10.1080/09638237.2021.1922639>
- Morgan, P. C., Washburn-Busk, M., Stanfield, M.H., & Durtschi, J. (2021). The role of leisure activities on partnered men's and women's depressive symptoms over time.

- Marriage & Family Review*, 57(8), 741-763.
<https://doi.org/10.1080/01494929.2021.1902454>
- Morgan, P. C., Dell'Isola, R., **Stanfield, M. H.**, & Durtschi, J. (2020). Gender differences in classes of married men's and women's depression. *Journal of Couple and Relationship Therapy*, 20(2), 188-209.
<https://doi.org/10.1080/15332691.2020.1816520>
- Stanfield, M. H.** & Yelland, E. L. (2020). When Allie forgot Noah: Perspectives of healthy partner considerations in cases of dementia. *American Journal of Family Therapy*, 48(4), 369-384. <https://doi.org/10.1080/01926187.2020.1731380>
- Yelland, E.L., & **Stanfield, M.H.** (2020). Public perspectives toward long-term care staff intervention in the sexual relationships of residents with dementia. *Dementia*, 19(2), 285-300. <https://doi.org/10.1177/1471301218772915>
- Yelland, E. L., Benson, J. J., Litzelman, K., Gerstenecker, C. B., Bartholomae, S., & **Stanfield, M. H.** (2019). An analysis of aging-related needs and programming across the North Central Extension Region. *Journal of Extension*, 57, 6FEA2.
<https://joe.org/joe/2019december/a2.php>
- Stanfield, M.H.** & Baptist, J. (2019). Compassion satisfaction among camp counselors: A pilot study. *Journal of Experiential Education*, 42, 121-139.
<https://doi.org/10.1177/1053825918824617>
- Bates, J., Taylor, A., & **Stanfield, M.H.** (2018). Variations in grandfathering: Characteristics of involved, passive, and disengaged grandfathers. *Contemporary Social Science*, 13, 187-202. <https://doi.org/10.1080/21582041.2018.1433868>
- Casper, D. M., & Witte, T., **Stanfield, M.H.** (2018). "A person I cared about was involved": Exploring bystander involvement and associations with well-being among college students. *Journal of Interpersonal Violence*, 36(9-10), 4406-4430.
<https://doi.org/10.1177/0886260518791232>
- Scroggs, B., Miller, J., & **Stanfield, M.H.** (2018). Identity development and reconciliation of religious identities in gender and sexual minority emerging adults. *Journal for the Scientific Study of Religion*, 57(3), 604-615. <https://doi.org/10.1111/jssr.12538>

Manuscripts in preparation

- Stanfield, M. H.** & Morgan, P. C. "There may be a problem, but I'm not going...": Understanding the rationales of those who have been arrested for not seeking mental health treatment.
- Stanfield, M. H.** & Baptist, J. Men's motivations and determinations to seek psychotherapy: A latent profile analysis.
- Stanfield, M. H.** & Morgan, P. C. Men's gender role conflict: A latent profile analysis.

Book chapters

- Bates, J., Taylor, A., & **Stanfield, M.H.** (2019). Variations in grandfathering: Characteristics of involved, passive, and disengaged grandfathers. In A. Buchanan & A. Rotkirch (eds.), *The role of grandparents in the 21st century*. Routledge.

Other professional work

- Briggs, J. G., & **Stanfield, M. H.** (2021). *The sex test by sex life science*. Sex Life Science. <http://www.sexlifescience.com/the-sex-test-link>
- Briggs, J. G., & **Stanfield, M. H.** (2021). *The sex test by sex life science results dashboard*. Sex Life Science. <http://www.sexlifescience.com/test-results>

- Stanfield, M. H.** (2019). *Riley County Police Department and Pawnee Mental Health Services Crisis Therapist Intern Handbook*. Manhattan, Kansas. Unpublished manuscript.
- Stanfield, M. H.** (2019). *Camp Greystone Men's Staff Handbook*. Zirconia, North Carolina. Unpublished manuscript.
- Yelland, E. L., & **Stanfield, M. H.** (2019). A hands-on approach to teaching about aging: 32 activities for the classroom and beyond [book review]. *National Council on Family Relations Network Newsletter*.
- Goodcase, E. & **Stanfield, M.H.** (2018). The Notebook vs. She's All That: Debating the relationship messages of two films. Retrieved from <http://shoutengine.com/RelevatePresentsScholarsShip/the-notebook-vs-shes-all-that-with-hunter-stanfi-68744>
- Stanfield, M.H.** (2018, August). Blurred vision in conflict [Blog post]. Retrieved from <https://growatsps.com/2018/08/14/blurred-vision-in-conflict/>
- Stanfield, M.H.** (2018, September). The cost of delaying difficult conversations [Blog post]. Retrieved from <https://growatsps.com/2018/10/09/the-cost-of-delaying-difficult-conversations/>
- Stanfield, M. H.** (2019, March). When things get tough: Handling difficult situations, people, and ourselves in conflict [Blog post]. Retrieved from <http://www.ncran.org/2019/03/30/when-things-get-tough-handling-difficult-situations-people-and-ourselves-in-conflict/>
- Yelland, E.L., **Stanfield, M.H.**, & Seyferth, K. (2018). So now what?: Managing life after retirement. *K-State Research and Extension*.

GRANTS

External

- 2023-2024. Hardy, N., Morgan, P., He, Y., & **Stanfield, M. H.** *Does Training MFT Graduate Students in Ethical Consulting Enhance their Spiritual and Religious Competencies?*, *The John Templeton Foundation*. Not funded.
- 2021-2022. Ribeiro, D. & **Stanfield, M. H.** *Health and Public Safety Workforce Resiliency Training Program, GOV-Health Resources and Services Administration (HRSA)*. Not funded.

Internal

- Lipscomb University, Faculty Summer 2022 Grant. Not Awarded.
- Lipscomb University, Faculty Summer 2021 Grant. Not Awarded.
- Kansas State University Global Campus Program Development. *Introduction to Conflict Resolution – CNRES 300*. A grant to create an interdisciplinary introduction to conflict resolution course for Kansas State University undergraduate students. Funded budget: \$1,800. Co-Principal Investigator, 50% participation [Terrie McCants, Principal Investigator; Jessica Cless, Co-Principal Investigator], 2016-2017.

PROFESSIONAL PRESENTATIONS

Peer-Reviewed Presentations at Professional Conferences

- Yelland, E. L., & **Stanfield, M. H.** (2020). *Love in later life: Examining relational and emotional fidelity to a partner with dementia*. Paper accepted for the annual conference of the National Council on Family Relations, virtual.

- Washburn-Busk, M., Anderson, J. A., Hubbard, A., **Stanfield, M. H.**, & Langin, K. (2020). *Higher levels of differentiation help to keep the sexual spark alive*. Poster accepted for the annual conference of the American Association of Marriage and Family Therapy, virtual.
- Yelland, E. L., **Stanfield, M. H.**, Goss, K., & Campfield, M. (2019, November). *Public perspectives of sexual advance directives for aging adults experiencing cognitive decline*. Poster presented at the annual conference of the National Council on Family Relations, Fort Worth, Texas.
- Stanfield, M.H.**, Morgan, P., Goodcase, E. & Markham, M.S. (2019, August). *What men want: Men's preferences for mental health professionals*. Poster presented at the annual conference of the American Association of Marriage and Family Therapy, Austin, Texas.
- Stanfield, M. H.** (2019, March). *When things get tough: Handling difficult situations, people, and ourselves in conflict*. Online webinar for North Central Region Aging Network.
- Morgan, P. & **Stanfield, M.H.** (2018, November). *Gender differences in men's and women's depression classes*. Poster presentation at the annual conference of the National Council on Family Relations, San Diego, California.
- Stanfield, M.H.**, Bates, J.S., & Taylor, A.C. (2018, November). *Variations in grandfathering: Characteristics of involved, passive, and disengaged grandfathers*. Paper presentation at the annual conference of the National Council on Family Relations, San Diego, California.
- Stanfield, M.H.** & Yelland, E.L. (2018, November). *When Harry forgot Sally: Opinions toward caregivers seeking new relationships*. Poster presentation at the annual conference of the National Council on Family Relations, San Diego, California.
- Stanfield, M.H.** & Morgan, P. (2018, November). *"There may be a problem, but I'm not going because...": Examining classes of men and their rationales for not seeking mental health treatment*. Poster presentation at the annual conference of the National Council on Family Relations, San Diego, California.
- Peng, P. & **Stanfield, M.H.** (2018, November). *Depression and Happiness in Chinese Marriages*. Poster presentation at the annual conference of the American Association of Marriage and Family Therapy, Louisville, Kentucky.
- Stanfield, M.H.** & Love, H. (2018, November). *Characteristics of Emerging Adult Depression and Anxiety*. Poster presentation at the annual conference of the American Association of Marriage and Family Therapy, Louisville, Kentucky.
- Yelland, E.L., **Stanfield, M.H.**, & Cherry, R. (2018, April). *Tips for a Healthy Transition into Retirement*. Online webinar for Epsilon Sigma Phi Professional Development.
- Yelland, E.L., Benson, J., Bates, J., Litzelman, K., & **Stanfield, M.H.** (2017, November). *Aging-related priorities in the North Central region: A needs assessment*. Paper presentation at the annual conference of National Council on Family Relations, Orlando, Florida.
- Stanfield, M.H.**, Yelland, E.L., & Seyferth, K. (2017, November). *Sex, dementia, and long-term care: Public opinion and importance of policy*. Paper presentation at the annual conference of National Council on Family Relations, Orlando, Florida.
- Stanfield, M.H.**, Hubbard, A., Iglesias, J., Dharnidharka, P., Hardy, N., & Anderson, J.A. (2017, October). *Sexual dysfunction to sexual satisfaction: Role of differentiation*. Poster presentation at the annual conference of the American Association of Marriage and Family Therapy, Atlanta, Georgia.

- Scroggs, B., Miller, J., & **Stanfield, M.H.** (2017, October). *Identity development and reconciliation of religious identities in gender and sexual minority emerging adults*. Poster presentation at The Society for the Study of Human Development Biennial Meeting, Providence, Rhode Island.
- Berryhill, M.B., **Stanfield, M.H.**, & Smith, J.A. (2016, September). *College student family functioning and psychological flexibility: The indirect effect of cognitive fusion*. Poster presentation at the annual conference of the American Association for Marriage and Family Therapy, Indianapolis, Indiana.
- Casper, D. M., Witte, T., & **Stanfield, M.H.** (2016, March). *“A person I cared about was involved”*: Exploring Bystander Involvement in Sexual Assault and Dating Violence. Poster presentation at the biennial meeting of the Society for Research on Adolescence, Baltimore, Maryland.
- Heath, K. & **Stanfield, M.H.** (2009, February). *Students Mentoring Students*. Oral presentation at the National Collegiate Leadership Conference. University of Arizona, Tucson, Arizona.

TEACHING EXPERIENCES

Lipscomb University

Undergraduate - Assistant Professor of Family Science

- FS 1011: Professional Orientation (On-Campus) - Fall 2019, Fall 2020, Fall 2021
- FS 3503: Family Problems/Family Dynamics (On-Campus) – Spring 2020, Spring 2021, Spring 2022
- FS 3513: Family Resource Management (On-Campus) – Spring 2021
- FS 3523: Family Life Education (On-Campus) – Fall 2019, Fall 2020, Fall 2021
- FS 4092: Senior Seminar (On-Campus) – Spring 2020, Spring 2021
- FS 4403: Families in Later Adulthood (On-Campus) – Fall 2019
- FS 4413: Family Law, Policy, and Ethics (On-Campus) – Fall 2020, Fall 2021
- FS 4983: Family Science Practicum – Summer 2021, Fall 2021, Spring 2022
- FS 404V: Family Science Internship – Fall 2019, Spring 2020, Summer 2020, Fall 2020, Spring 2021, Fall 2021
- PS 2423: Life Span Development (Online) – Fall 2019, Spring 2020, Fall 2021
- PS 3483: Human Sexuality (On-Campus) – Fall 2019, Spring 2020, Fall 2020, Spring 2021, Fall 2021, Spring 2022, Fall 2022, Spring 2023, Fall 2023, Spring 2024, Fall 2024, Spring 2025

Graduate – Assistant Professor of Marriage and Family Therapy

- PSFT 5903: Introduction to Marriage and Family Therapy Skills (On-Campus) – Fall 2020, Fall 2022, Fall 2024
- PSFT 5603: Research Methods and Statistics (Online Asynchronous) – Fall 2023, Fall 2024
- PSFT 6733: Diverse Families and Systems II (On-Campus) – Spring 2024; Spring 2025
- PSFT 6743: Couple Therapy (Hybrid) – Summer 2020
- PSFT 6833: Practicum (Online Synchronous) - Spring 2023
- PSFT 6843: Supervised Clinical Practice I (Online Synchronous)– Summer 2020
- PSFT 6853: Supervised Clinical Practice II (Online Synchronous) – Fall 2022
- PSFT 6863: Supervised Clinical Practice III (Online Synchronous) - Spring 2023

Kansas State University

Instructor/Graduate Teaching Assistant

- CNRES 300: Introduction to Conflict Resolution (Online) - Spring, 2018; Fall 2018; Spring 2019

CNRES 531/751: Core Conflict Resolution (On-Campus) - Fall 2018
CNRES 529: Understanding Trauma and Traumatic Stress (Online) - Summer 2018
CNRES 535/755: Divorce and Child Custody Mediation and Family Mediation (On-Campus)
- Spring 2018
FSHS 300: Mindful Living (Online) - January 2018 Intercession

University of Alabama

Graduate Teaching Assistant

HD 101: Human Development (On-Campus) - Spring 2016, Dr. Jason Scofield
HD 512: Adult Development (On-Campus) - Fall 2015; Spring 2016, Dr. Deborah Casper
HD 562: Family Dynamics (On-Campus) - Fall 2015; Spring 2016, Dr. Deborah Casper
HD 101: Human Development (Online) - Summer 2015, Dr. Carroll Tingle

Pepperdine University

Graduate Teaching Assistant

SOC 250: Introduction to Sociology (On-Campus) - Spring 2011, Dr. Elizabeth Essary
GSSO 180: Globalization and Equality (On-Campus) - Fall 2010, Dr. Christopher Collins

STUDENT SCHOLARSHIP AND ADVISING

Elijah Bischoff, Lipscomb University, Student Scholars Symposium – Faculty Advisor,
*“Duality Isn't Enough: Considering Gender through Philosophical and Psychological
Perspectives for Trans Identities,”* Spring 2022.

Tyler Irvin, Lipscomb University, Senior Project - Mentor, *“Anxiety in Adolescents: How
can the Church Help?”* Spring 2022.

Ryan Chappelle, Lipscomb University, Master's Thesis – Advisor, *“A meta-analysis of
father measures,”* Summer 2021-Fall 2021.

Jedidiah Jenkins, Lipscomb University, Senior Project - Mentor, *“The Inclusion of Students
with Disabilities in Church Youth Programs,”* Spring 2021.

Samantha Studley, Lipscomb University, Master's Thesis - Advisor, *“Defining and
determining effects of conditional and unconditional love in family relationships,”*
Summer/Fall 2020.

Caroline Wasserman, Lipscomb University, Senior Project - Mentor, *“Grief and loss
through the lens of the Enneagram,”* Spring 2020.

INTERNSHIP/EXTERNSHIP/ASSISTANTSHIP EXPERIENCES

Instructor/Graduate Teaching Assistant, 2018-2019. Conflict Resolution Program, School
of Family Studies and Human Services, Kansas State University, Manhattan, Kansas
Crisis Therapist Intern, 2018-2019. Riley County Police Department and Pawnee Mental
Health Services, Manhattan, Kansas

Couple and Family Therapy Intern, 2016-2019. K-State Family Center, Kansas State
University, Manhattan, Kansas

Graduate Assistant and Couple and Family Therapy Intern, 2016-2018. Department of
Housing and Dining Services, Kansas State University, Manhattan, Kansas

Marriage and Family Therapy Intern, 2016-2017. Wamego High School, Wamego Health
Ministries, Wamego, Kansas

Couple, Marriage, and Family Therapy Intern, 2015-2016. Employee Assistance and
Counseling Center, University of Alabama at Birmingham, Birmingham, Alabama

Couple, Marriage, and Family Therapy Intern, 2015-2016. Capstone Family Therapy
Clinic, University of Alabama, Tuscaloosa, Alabama

Mediation Extern, June 2013. Commonwealth Mediation Group Foundation, Richmond, Virginia

Mediation Extern, June 2013. Respond, LLC, Richmond, Virginia

INVITED LECTURES, PRESENTATIONS, AND WORKSHOPS

Spring 2025

Merge – Communication and Conflict, Teacher, Otter Creek Church, Premarital Workshop, Nashville, Tennessee.

Kappa Delta Honor Society, Working with Men in Therapy, Nashville, Tennessee.

Spring 2023

Merge – The Sex Talk, Co-Teacher, Otter Creek Church, Premarital Workshop, Nashville, Tennessee.

Besties for the Resties – Adulthood 101 with Residence Life, Panelist, Lipscomb University, Nashville, Tennessee.

Mental Health and Wellness in Healthcare Practice, College of Pharmacy, Lipscomb University, Nashville, Tennessee.

Values Conflicts between Therapists and Clients, University Counseling Center, Lipscomb University, Nashville, Tennessee.

Fall 2022

Faculty Research Day, College of Liberal Arts and Sciences, Lipscomb University, Nashville, Tennessee.

Taking Care of Yourself to Care of Others, Resident Advisor Training, Lipscomb University, Nashville, Tennessee.

Healthcare Provider Wellness: Provider and Clinician Perspectives, Lipscomb Initiative for Behavioral Health Integration Conference, Lipscomb University, Nashville, Tennessee.

Spring 2022

Breakout Chapel - The Forum: Faith and Mental Health, Teacher, Lipscomb University, Nashville, Tennessee.

Graduate School Opportunities, Panelist, Pinero Scholars, Lipscomb University, Nashville, Tennessee.

Fall 2021

Boundaries for Resident Advisors, Co-Teacher, Resident Advisor Professional Development, Lipscomb University, Nashville, Tennessee.

Spring 2021

Depression and Anxiety, Co-Teacher, Otter Creek, Sunday Class Series, Nashville, Tennessee.

Suicide Prevention, Co-Teacher, Otter Creek, Sunday Class Series, Nashville, Tennessee.

Fall 2020

Breakout Chapel - First Gen Bisons, Lipscomb University, Nashville, Tennessee.

The social and psychological effects of COVID-19, LU 1203 – Lipscomb Experience, Guest lecture.

Relationships and why we need them, through the lens of psychology and family science, Bison Talk podcast, Lipscomb University.

Summer 2020

The burnout blinders: Getting some perspective about professional burnout, Nashville Entrepreneur Center, Webinar,

<https://www.youtube.com/watch?v=AgO10QtJojQ&feature=youtu.be>

Living with someone with opposing COVID-19 views is hard: Here are tips to make it easier, News Channel 5, Nashville, Tennessee. <https://www.newschannel5.com/news/living-with-someone-with-opposing-covid-19-views-is-hard-here-are-tips-to-make-it-easier>

Compassion fatigue: What is it and how to prevent it?. K-State College Advising Corps Training, Online.

Compassion Fatigue, Co-Teacher, Otter Creek, Sunday Class Series, Nashville, Tennessee.

Spring 2020

Christian Culture, Myths, and Misconceptions about Sex and Intimacy, Co-Teacher, Otter Creek Church, Sunday Class Series, Nashville, Tennessee.

Becoming Comfortable Talking about Sex, Relationships, and Intimacy, IDEAL Program Family Night, Lipscomb University, Nashville, Tennessee.

HumanDocs: Bedlam, Panelist, Lipscomb University, Nashville, Tennessee.

HumanDocs: At the Heart of Gold, Panelist, Lipscomb University, Nashville, Tennessee.

Fall 2019

Cliff Notes: Fasting, Matthew 6:16-18, Otter Creek Church Sunday Morning Class, Nashville, Tennessee.

Taking care of ourselves: A Biblical example, RA Breakout Chapel, Lipscomb University, Nashville, Tennessee.

Spring 2019

Better men, Better lives: Mental Health. Delta Sigma Phi fraternity, Kansas State University, Manhattan, Kansas.

Compassion fatigue: What is it and how to prevent it? HDFS 585 – Professional Seminar in Human Development and Family Studies, School of Family Studies and Human Services, Kansas State University, Manhattan, Kansas.

Fall 2018

Conflict in organizations. GRSC 530 – Management Applications in Grain Processing Industries, Department of Grain Science and Industry, Kansas State University, Manhattan, Kansas.

Leading Through Conflict Well, Leadership Summit, Steel and Pipe Supply, Manhattan, Kansas.

Summer 2018

Conflict Management Strategies for Academic Leaders, James R. Coffman Institute, Kansas State University, Manhattan, Kansas.

Compassion Fatigue and Burnout. Housing and Dining Services Resident Advisor and Resident Life Assistant Training, Kansas State University, Manhattan, Kansas.

Advocating 101, Graduate Student Staff Training, Department of Housing and Dining Services, Kansas State University, Manhattan, Kansas.

Confrontation, Graduate Student Staff Training, Department of Housing and Dining Services, Kansas State University, Manhattan, Kansas.

When Things get Tough: Handling Difficult Situations, People and Ourselves at Work, Leadership Development Program, Steel and Pipe Supply, Kansas City, Missouri.

How to do Camp Well, Camp Greystone, Zirconia, North Carolina.

Spring 2018

When Things get Tough: Handling Difficult Situations, People and Ourselves at Work, Flint Hills Area Transportation Agency, Manhattan, Kansas. Summer 2018.

When Things get Tough: Handling Difficult Situations, People and Ourselves at Work, New Agent Orientation, Kansas State University Regional Extension. Spring 2018.

When Things get Tough: Handling Difficult Situations, People and Ourselves at Work, McCownGordon Construction, Kansas City, Missouri.

When Things get Tough: Handling Difficult Situations, People and Ourselves at Work, Manko Windows Systems, Inc., Manhattan, Kansas.

When Things get Tough: Handling Difficult Situations, People, and Ourselves, Smurthwaite Residence Hall, Kansas State University, Manhattan, Kansas.

Thinking Differently about Conflict, Southwind Extension District, Kansas State University, Iola, Kansas.

Challenging Situations, People, and Self: An Introduction to Conflict Resolution at Work, Boys and Girls Club of Manhattan, Kansas.

When Things get Tough: Handling Difficult Situations, People, and Ourselves at Work, Meadowlark Hills Retirement Community, Manhattan, Kansas.

When Things get Tough: Handling Difficult Situations, People, and Ourselves, Strong Residence Complex, Kansas State University, Manhattan, Kansas.

Revisiting Thinking Differently about Conflict. ITS Brunch and Learn, Kansas State University, Manhattan, Kansas.

Supporting your Mental Health as Student Staff, Housing and Dining Services Resident Assistant Spring Training, Kansas State University, Manhattan, Kansas.

Fall 2017

Compassion Fatigue Part II, Housing and Dining Services, Kansas State University, Manhattan, Kansas.

Taking a Look at Managing Conflict by Managing Ourselves, K-State Global Campus, Kansas State University, Manhattan, Kansas.

Conflict Resolution. ITS Engage Conference, Kansas State University, Manhattan, Kansas.

Conflict Management Skills and Strategies. 2017 K-State Research & Extension Annual Conference, Kansas State University, Manhattan, Kansas.

Workplace conflict: Costs, causes, and strategies. Kansas Human Resources Management Network, Manhattan, Kansas.

Conflict in organizations. GRSC 530 – Management Applications in Grain Processing Industries, Department of Grain Science and Industry, Kansas State University, Manhattan, Kansas.

Let's have a chat about conflict. Alpha Gamma Delta sorority, Kansas State University, Manhattan, Kansas.

Let's have a chat about conflict. Zeta Tau Alpha sorority, Kansas State University, Manhattan, Kansas.

When things get tough: Having difficult conversations with employees. Kramer Dining Managers and Supervisors, Housing and Dining Services, Kansas State University, Manhattan, Kansas.

Your Authentic Self and Authentic Positive Relationships. Housing and Dining Services Resident Advisor and Resident Life Assistant Training, Kansas State University, Manhattan, Kansas.

Spring 2017

Conflict Management Skills and Strategies. Child and Youth Services, Fort Riley Military Base, Fort Riley, Kansas.

Conflict Management Skills and Strategies. New Agent Orientation, Kansas State University Regional Extension, Manhattan, Kansas.

Helping Ourselves, Helping Children. Clay Center Head Start, Clay Center, Kansas.

Let's have a chat about conflict. Greek Leaders, Kansas State University, Manhattan, Kansas.

Helping Ourselves, Helping Students. Wamego High School Teacher In-Service, Wamego, Kansas.

Helping Ourselves, Helping Students. Staley School of Leadership Studies, Kansas State University, Manhattan, Kansas.

Conflict Resolution. Housing and Dining Services, Kansas State University, Manhattan, Kansas.

Fall 2016

Compassion Fatigue and Self-Care. Housing and Dining Services, Kansas State University, Manhattan, Kansas.

Conflict Resolution for Life. EDCEP 110, Kansas State University.

The importance of self-care. Camp Greystone, Zirconia, North Carolina.

Let's have a chat about conflict: How to manage conflict in your department. Camp Greystone, Zirconia, North Carolina.

Hooking-up on college campuses. HD 475/576, Human Sexuality, University of Alabama, Tuscaloosa, Alabama.

Coming together: Remarriage and stepfamilies. HD 262, Marriage and Family, University of Alabama, Tuscaloosa, Alabama.

Summer 2015

Conflict resolution: A new way forward. Achievers in Life, Birmingham, Alabama.

PROFESSIONAL AFFILIATIONS

Alabama Association of Marriage and Family Therapy, 2014-2016

American Association of Marriage and Family Therapy, 2014-Present

Student Member, 2014-2016

Pre-Clinical Fellow, 2016-2022

Clinical Fellow, 2022-Present

American Association of Sexuality Educators, Counselors, and Therapists, 2024-Present

American Camp Association, 2016-2018

Association of Family and Conciliation Courts, 2014-2015

Heartland Mediator's Association, 2017-2018

Kansas Association for Marriage and Family Therapy, 2016-2019

National Council on Family Relations, 2016-Present

Tennessee Association for Marriage and Family Therapy, 2019-Present

UNIVERSITY SERVICE

2025-Present *Academic Program Review Committee, Certified Family Life Education – National Council on Family Relations*

2024-Present *Committee Member, Lipscomb Core – Diverse Perspectives, Lipscomb University*

2024-Present *New Faculty Mentor, Lipscomb University*

2024-Present *Committee Member, University Mental Health Committee, Lipscomb University*

2022-Present *Committee Member, Health Professions Advisory Committee, Lipscomb University*

2022 *Committee Co-Chair, Family Science Faculty Tenure-Track Position, Lipscomb University*

2022 *Committee Co-Chair, Family Science Lead Faculty Tenure-Track Position, Lipscomb University*

2021 *Faculty Advisor, Faith and Emotions Breakout Chapel, Lipscomb University*

2020 *Panelist, First Gen Breakout Chapel, Lipscomb University*

2020 Panelist, *The Courage to Teach: Bringing One's Inner Life to the Classroom and the Community*. Lipscomb University, New Faculty Orientation

2020-2021 Committee Member, *General Education Committee*, College of Liberal Arts and Sciences, Lipscomb University

2020-2022 Committee Member, *Institutional Review Board*, Lipscomb University

2020 Committee Member, *Changing Demographics Taskforce*, Lipscomb Forward

2020 Faculty Sponsor, *Restored to the Herd Breakout Chapel*, Lipscomb University

2018 Committee Member, Search Committee for Conflict Resolution Clinical Assistant Professor, Kansas State University

2017 Committee Member, Search Committee for RG Mediation Program Coordinator, Kansas State University

2017-2018 Lead Mediator, RG Mediation, Kansas State University

2017-2018 Graduate Student Council-Student Government Association Liaison, Kansas State University

2016-2018 Co-Chair, Employee Engagement and Advisory Committee, Housing and Dining Services, Kansas State University

2016-2018 Honor Council, Kansas State University

2016-2017 Chair, Research Forums Committee, Graduate Student Council, Kansas State University

2016 Advisor to the Dean of Graduate Programs, Pepperdine University School of Law

2015-2016 Student Government Association Elections Board, University of Alabama

2012-2014 Alcohol and Other Drugs Community Coalition, Pepperdine University

2012-2014 Residential Emergency Response Team, Pepperdine University

2012-2014 Sophomore Experience Task Force, Pepperdine University

2012-2014 Student Disciplinary Committee, Pepperdine University

2012-2014 Student Organizations Advising Committee, Pepperdine University

2012-2014 Student Organizations Judicial Board, Pepperdine University

2008-2009 Seaver College Diversity Council, Pepperdine University

PROFESSIONAL SERVICE

2024 NCFR National Conference Abstract Reviewer

2023 Men in Families Awards Committee, *NCFR National Conference*

2023 NCFR National Conference Abstract Reviewer

2022 NCFR National Conference Abstract Reviewer

2022 Family Therapy Section – New Student/Professional Paper Reviewer, *NCFR National Conference*

2022 Ad-hoc reviewer, *Journal of Feminist Family Therapy*

2021 NCFR National Conference Abstract Reviewer

2020 NCFR National Conference Abstract Reviewer

2020 Family Therapy Section – New Student/Professional Paper Reviewer, *NCFR National Conference*

2020 Ad-hoc reviewer, *Journal of Aging and Health*
 2020 Ad-hoc reviewer, *Journal of Applied Gerontology*
 2019 AAMFT National Conference Abstract Reviewer
 2019 Special Projects – TNAMFT Member Needs Assessment, 2020
 TNAMFT Elections, *Tennessee Association of Marriage and Family
 Therapy*
 2019 Ad-hoc reviewer, *Journal of Feminist Family Therapy*
 2019 Ad-hoc reviewer, *Journal of Applied Gerontology*
 2019 Scholarship Application Reviewer, Give the Gift of Education Award,
 Graduate School of Education and Psychology, Pepperdine University
 2019 NCFR National Conference Abstract Reviewer
 2019 Blog Reviewer and Editor, North Central Region Aging Network
 2018 AAMFT National Conference Abstract Reviewer
 2018 Student Reviewer with Faculty Mentorship, Dr. Sandra M. Stith,
Journal of Marriage and Family
 2018 NCFR National Conference Abstract Reviewer
 2017 AAMFT National Conference Abstract Reviewer
 2016 AAMFT National Conference Abstract Reviewer
 2016 NCFR National Conference Abstract Reviewer
 2016 Student Reviewer with Faculty Mentorship, Dr. Erin L. Yelland,
Family Relations
 2016 Poster Judge, Undergraduate Research and Creative Activity
 Conference, University of Alabama

INTERNATIONAL AND COMMUNITY SERVICE

2025-Present Deacon, Men’s Group Ministry, Community Discipleship, Otter
 Creek Church, Nashville, Tennessee
 2023-2024 Deacon, Local and Global Missions, Otter Creek Church, Nashville,
 Tennessee
 Summer 2022 Consultant, PCEA Chogoria Hospital, Chogoria, Kenya
 2020-Present Volunteer, *LIFE Program*, Riverbend Maximum Security
 Institution, Lipscomb University
 2020-Present Mentor, Tennessee Prison Outreach Ministry
 Summer 2011 Medical Mission, Touch A Life Foundation, Kumasi, Ghana
 Summer 2010 Medical Mission, Touch A Life Foundation, Kete-Krachi, Ghana

ADVANCED TRAININGS and PROFESSIONAL SEMINARS

2024 *Restoration Therapy*, Advancements in Therapy Workshop, Lipscomb
 University
 2024 *I Wish They Had Told Me: Maintaining Physical and Mental Health*, Health
 Professions Advisory Committee, Lipscomb University
 2024 *Deliberate Practice in Supervision*, Sentio University
 2023 *The Ethical Lives of Clients: Our Role As Therapists*, Advancements in
 Therapy Workshop, Lipscomb University
 2022 *Identifying and Addressing Religious Trauma*, Advancements in Therapy
 Workshop, Lipscomb University
 2021 *Recovery Ally Training*, Tennessee Department of Substance Use and Mental
 Health

- 2020 *How to be an anti-racist*, Lipscomb University Human Resources Book Discussion Group
- 2019 *Mentor Training*, Tennessee Prison Outreach Ministry
- 2019 *A Duty to Protect: Mental Health Care to the Incarcerated*, webinar provided by the National Sheriffs Association
- 2018 *CPI: Non-Violent Crisis Intervention*, Pawnee Mental Health Services, Junction City, Kansas
- 2018 *Victim-Offender, Parent-Adolescent, and Juvenile Permanency Mediation Training*. Berryton, Kansas
- 2017 *Mediation and Co-Parenting Consultation: The Perfect Match*. Bethel, Kansas, Kansas Institute for Peace and Conflict Resolution
- 2017 *Parent-Adolescent Mediation: Innovations and Updates in Kansas*. Bethel, Kansas, Kansas Institute for Peace and Conflict Resolution
- 2017 *Opportunities and Challenges of Online Mediation*. Bethel, Kansas, Kansas Institute for Peace and Conflict Resolution
- 2017 *Innovations in Dispute Resolution Triage: Lessons Learned*. Bethel, Kansas, Kansas Institute for Peace and Conflict Resolution
- 2017 *The State of ADR in Kansas: What's on the Next Horizon*. Bethel, Kansas, Kansas Institute for Peace and Conflict Resolution
- 2017 *Police Ride-Along Program*, Riley County Police Department, Manhattan, Kansas
- 2017 *Socioculturally attuned family therapy: Toward third order transformation*, Dr. Carmen Knudson-Martin, Kansas State University
- 2017 *Power in Relationships: Why it Matters-Bridging Social Context, Emotion and Couple Interaction*, Dr. Carmen Knudson-Martin, Kansas State University
- 2017 *Hormonal and Reproductive Issues in Mental Health*, Dr. Sarah Wesch, Kansas State University Student Counseling Center
- 2016 *The ethical and just treatment of LGB clients: Beliefs and practices of family therapists*, Dr. Christi McGeorge, Kansas State University.
- 2016 *Becoming an LGB affirmative family therapist*, Dr. Christi McGeorge, Kansas State University.
- 2016 *Wilderness First Responder Training*, Wilderness Medical Associates, Flat Rock, NC (Certification runs through 05/2019)
- 2016 *Alabama Association of Marriage and Family Therapy Clinical Supervision Workshop*, Samford University
- 2016 *Serving LGBT Families Across the Rainbow*, ALGBTICAL Spring Workshop, University of Montevallo
- 2015 *QPR Suicide Prevention Training*, Suicide Prevention Resource Center
- 2015 *Recreational Drug Use: Current Trends, Clinical Effects, and Treatment*, Student Health & Wellness Center, University of Alabama at Birmingham
- 2015 *Collegiate Recovery Community Conference*, Alabama Students About Service, University of Alabama
- 2014 *Grief and Bereavement Seminar: Exploring the Value and Function of Grief Symptoms*, College of Continuing Studies, University of Alabama
- 2013 *An Overview of the Changes from DSM-IV-TR to DSM 5*, Graduate School of Education and Psychology, Pepperdine University

- 2012 *Rescuing Relationships: Apology, Forgiveness, and Reconciliation*,
Straus Institute for Dispute Resolution, Pepperdine University School
of Law
- 2011/2012 *Southern California Mediation Association Annual Conferences*
Pepperdine University School of Law
How Attorneys Succeed and Fail in Mediation
 Landlord Tenant Cases: Tips from the Trenches
 Mediation Ethics, Neutrality, and Confidentiality: Practice Tips
 Towards Ensuring Enforceable Agreements
 Ombuds and Other Pre-Litigation Dispute Resolution Programs
 The Art and Science of the Question: Using the Brain to Expand
 Opportunities and Create Options